**Connecting with the Angels**

*5 Ways to Invoke the Angels*

* **Say It**- Prayer/Fiat- the medium of miracles, shifts your experience of life.
* **Think It**-Mentally Ask
* **Visualize It**- Visualize in your mind the Angels protecting and Guiding you and any situation:
* **Affirm It**- Affirm thanks that the Angels are on the case!
* **Write It**- Write an Angel letter:

*Guardian Angel Report*

* What was the main message?
* What were the feelings and overall impressions?
* Are you being asked to start and/or stop something? If so, what?

The 4 Archangels

* Michael
* Raphael
* Gabriel(le)
* Uriel