**2018 Month by Month Commitments**

The ONLY way to turn your FATE into your DESTINY is by Stating your GOAL and then MOVING your butt with inspired actions. Now we are going to create ACTIONS you will commit to every month. From there TRULY having the feeling of the vison as it has ALREADY happened.

This is your contract with YOU and if you break your contract there will be consequences, such as staying stuck, regret, fear, guilt etc.

**Relationships~**

*List at least 1 ACTION that you are committed to DO for each month:*

1. January
2. February
3. March
4. April
5. May
6. June
7. July
8. August
9. September
10. October
11. November
12. December

Describe IN DETAIL how you are going to FEEL now that you have ALREADY achieved your GOAL in relationships:

**Career**

*List at least 1 ACTION that you are committed to DO for each month:*

1. January
2. February
3. March
4. April
5. May
6. June
7. July
8. August
9. September
10. October
11. November
12. December

Describe IN DETAIL how you are going to FEEL now that you have ALREADY achieved your GOAL in your career:

**Finances**

*List at least 1 ACTION that you are committed to DO for each month:*

1. January
2. February
3. March
4. April
5. May
6. June
7. July
8. August
9. September
10. October
11. November
12. December

Describe IN DETAIL how you are going to FEEL now that you have ALREADY achieved your GOAL in finances:

**Health**

*List at least 1 ACTION that you are committed to DO for each month:*

1. January
2. February
3. March
4. April
5. May
6. June
7. July
8. August
9. September
10. October
11. November
12. December

Describe IN DETAIL how you are going to FEEL now that you have ALREADY achieved your GOAL in health: